

DOI UNIVERSITY/DIVISION OF CULTURAL RESOURCES AND EVENTS

GOVERNMENT WIDE ♦ FORUMS 2004 ♦

CAREER ♦ BALANCE ♦ DIVERSITY

HELPING YOU BALANCE YOUR LIFE AND WORK



US DEPARTMENT OF THE INTERIOR ♦ NATIONAL BUSINESS CENTER ♦

GOVERNMENT WILL

HELPING YOU BALANCE

**JUDITH
VIORST**

BESTSELLING AUTHOR OF *NECESSARY LOSSES*

Grown-Up Marriage

What we know,
wish we had known,
and still need to know
about being married



**FEB
10**

Grown-Up Marriage

by Judith Viorst

In *Grown-Up Marriage*, Ms. Viorst blends interviews with couples and therapists; literature and movies; and personal experience to provide insight into what it takes to stay married. "In a grown-up marriage the laughter exceeds the regret" and Ms. Viorst is sure to make you laugh with her antidotes and inspirational advice.

Mrs. Viorst is author of sixteen children's books, including the bestselling *Alexander and the Terrible, Horrible, No Good, Very Bad Day*. Ms. Viorst and her husband, Milton, have lived in Washington, DC for the last forty-two years.

The Courageous Follower

by Ira Chaleff

What makes a good leader? But more importantly, What makes a good follower? In *Courageous Follower*, Ira Chaleff examines the dynamics of the leader-follower relationship. Mr. Chaleff encourages followers to find the courage to assume responsibility, to serve, to challenge, to participate in transformation, and to take moral action.

Mr. Chaleff is founder and president of Executive Coaching and Consulting Associates in Washington, DC and is an adjunct faculty member at Georgetown University's Center for Professional Development.

**MAR
23**



The Courageous Follower

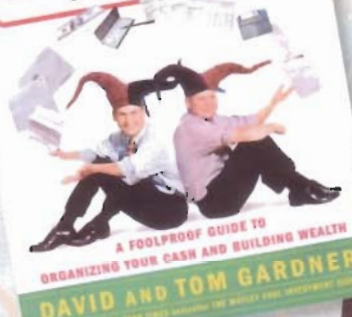
STANDING UP TO &
FOR OUR LEADERS

Updated and expanded to address today's
leadership crisis...and prevent tomorrow's

IRA CHALEFF

SECOND EDITION

The Motley Fool PERSONAL FINANCE WORKBOOK



The Motley Fool Personal Finance Workbook

by David and Tom Gardner

David and Tom Gardner's humorous approach to managing personal finances has made their books *New York Times* bestsellers. *The Motley Fool Personal Finance Workbook* helps you "create a workable budget that gives you money and a life."

The Motley Fool Inc., founded by brothers David and Tom Gardner in 1993, is the world's most popular online investment site with millions of monthly visitors.

**APR
15**

PUBLIC EVENT

You can register for these events t

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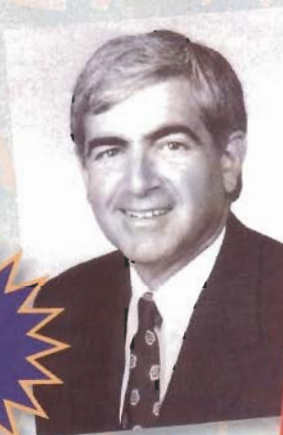
YOUR LIFE AND WORK

Take A Load Off Your Heart

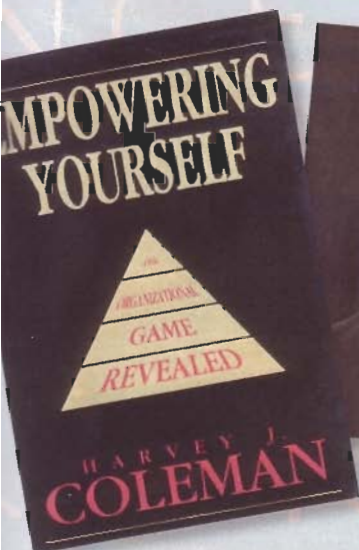
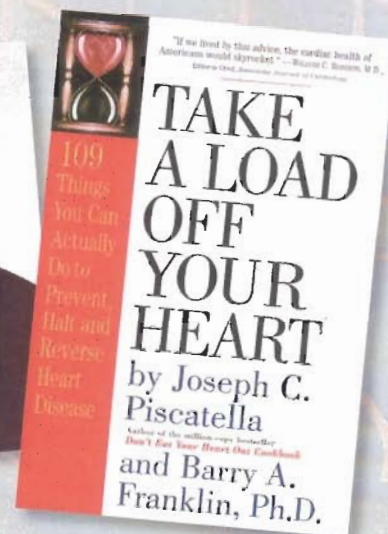
by Joseph C. Piscatella and Barry A. Franklin, Ph.D.

Offering 109 concrete solutions for cardiac health, Mr. Piscatella and Dr. Franklin's book, *Take A Load Off Your Heart*, is a comprehensive guide filled with information on predictive triggers, medications, procedures, programs, and websites.

Mr. Piscatella is the president of the Institute for Fitness and Health in Gig Harbor, WA.



SEP
9

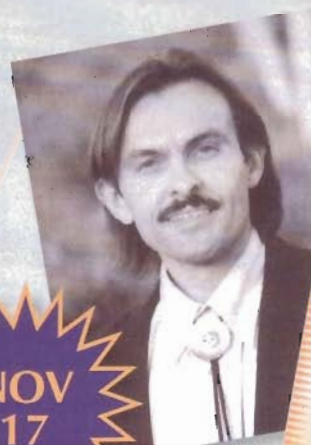


OCT
19
TWO SESSIONS

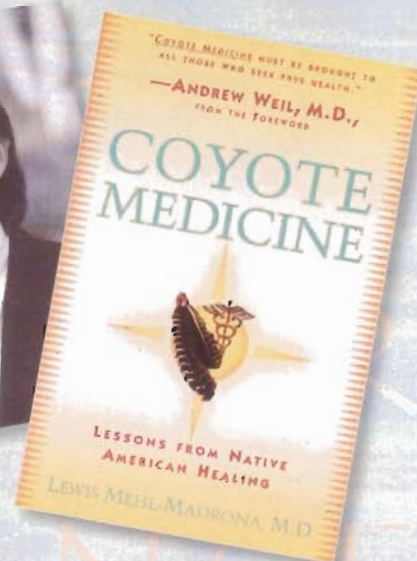
Empowering Yourself by Harvey J. Coleman

Do you know the "unwritten rules" of your organization? You can't play the "game" if you don't know the "rules." In *Empowering Yourself: The Organizational Game Revealed*, Mr. Coleman outlines the skills needed for success: Performance, Image and Exposure.

Mr. Coleman is president and founder of Coleman Management Consultants, Inc. of Atlanta, GA.



NOV
17
PUBLIC EVENT



Coyote Medicine

by Lewis Mehl-Madrona, M.D.

Dr. Mehl-Madrona's grandfather, a medicine man in their tribe, taught him many virtues: patience, humility, and most importantly, healing. Integrating Native American philosophy with conventional medicine, Dr. Mehl-Madrona offers *Coyote Medicine* as a new approach to healing.

Dr. Mehl-Madrona is currently working with the University of Arizona's Center for Frontier Medicine in Biofield Science and the Program in Integrative Medicine.

rough your agency coordinator - additional details and listings are located on the back of this brochure.

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♦ GOVERNMENT WIDE FORUMS 2004 ♦

CAREER ♦ BALANCE ♦ DIVERSITY

We are pleased to announce a special forum series designed to help government employees balance career, family and diversity in the work place. Each event in the series will feature an interactive workshop with the author of a featured book, a copy of the book, a book signing, and light refreshments. The forums are open to a limited number of employees from the participating agencies. The series has been created with the Politics and Prose Bookstore in Washington, DC. Register for these events through your agency coordinator.

AGENCY COORDINATORS FOR 2004 CBD FORUMS

US Department of the Interior

Susan Leonard 202-208-2654

US Fish and Wildlife Service

Martha Hopkins 703-358-1995

Alice Hudson 202-208-0121

Bureau of Indian Affairs

Patti MacLeod 202-343-2543

US Geological Survey

Imogene Bynum 703-648-7960

Minerals Management Service

Susan Scherr 703-787-1308

National Park Service

Esther Hodges 202-354-1410

Bureau of Reclamation

Patti Martines 303-445-2680

Sheneé Turner 202-513-0516

Office of Surface Mining

Peggy Moran-Gicker 202-208-2762

US Environmental Protection Agency

Patricia S. Keitt 202-564-0553

US Department of Homeland Security

John W. Neach 202-514-8664

US Department of Justice

Mary R. Jones 202-616-3619

US Department of Labor

Linda L. Nivens 202-693-7640

Viviana Bernstein 202-693-7621

US Office of Personnel Management

Barbara Garland 202-606-4293

US Department of Veterans Affairs

Dale Turner 202-501-1862

**FEB
10**

Judith Viorst

Grown-Up Marriage

9:00 – 11:30 AM

American Institute of Architects

1735 New York Avenue, NW

(Farragut West closest Metro station)

**MAR
23**

Ira Chaleff

The Courageous Follower

9:00 – 11:30 AM

National Press Club

529 14th Street, NW

(Metro Center closest Metro station)

**APR
15**

David and Tom Gardner PUBLIC EVENT

The Motley Fool Personal Finance Workbook

9:00 – 11:30 AM

Yates Auditorium - Main Interior Building

1849 C Street, NW

(Farragut West closest Metro station)

**SEP
9**

Joe Piscatella

Take A Load Off Your Heart

9:00 – 11:30 AM

American Institute of Architects

1735 New York Avenue, NW

(Farragut West closest Metro station)

**OCT
19**

Harvey Coleman

Empowering Yourself

AM EVENT

9:00 - 11:30 AM

US Geological Survey – Main Floor Auditorium

12201 Sunrise Valley Drive, Reston, VA

(Shuttle available)

PM EVENT

1:30 – 3:30 PM

National Press Club

529 14th Street, NW

(Metro Center closest Metro station)

**NOV
17**

Dr. Lewis Mehl-Madrona PUBLIC EVENT

Coyote Medicine

9:00 – 11:30 AM

Yates Auditorium - Main Interior Building

1849 C Street, NW

(Farragut West closest Metro station)

SPECIAL ASSISTANCE Some persons may need special assistance (such as an interpreter for the hearing impaired). We will try to accommodate all such needs, but need to know in advance in order to make the necessary arrangements.

www.doi.gov/training/cbd